

Individual Rights in Intimate Relationships

You have the right to:

1. Share equally with your partner in all decisions and responsibilities related to your relationship, children, home, and finances.
2. Share equally with your mate in all financial decisions.
3. Grow and explore your potential without feeling guilty, selfish, or afraid.
4. Have friendships with both women and men.
5. Express your opinions and have them receive the same respect and consideration as those of your partner.
6. Have and express your sexual needs and desires without feeling like you are selfish, demanding, or aggressive.
7. Have your emotional, physical, and intellectual needs be as important as the needs of your mate.
8. Expect your mate to give at least 50% to resolve difficulties in your relationship.
9. Hold you mate responsible for his/ her behavior rather than assuming responsibility yourself.
10. NEVER to be physically attacked or degraded by your mate and the right to terminate the relationship if either occurs.
11. Expect significant behavioral changes rather than apologies and promises from your partner if a single abusive/ battering occurs.